

CHARTER *of* RIGHTS

MENTAL HEALTH AND WELL-BEING FOR
CHILDREN AND YOUTH



CHARTER *of* RIGHTS

MENTAL HEALTH AND WELL-BEING
FOR CHILDREN AND YOUTH

Purpose

- encourage a united stance on the mental health issues that affect Ontario's children and youth
- describe a set of ideal standards
- OSTA-AECO's call for inclusive and equitable opportunities for all children and youth

CHARTER *of* RIGHTS

MENTAL HEALTH AND WELL-BEING
FOR CHILDREN AND YOUTH

Statement of Responsibility

Each child and youth is responsible for knowing, acknowledging, and respecting the rights of other children and youth, and other members of the community.

CHARTER *of* RIGHTS

MENTAL HEALTH AND WELL-BEING
FOR CHILDREN AND YOUTH

Statement of Responsibility

Each adult is responsible for:

- recognizing their role in caring, listening, becoming knowledgeable about mental health.
- recognizing the importance of mental health issues in the context of well-being at school and in life
- working collaboratively to support a revitalized system that adequately addresses the mental health needs of its children and youth

CHARTER *of* RIGHTS

MENTAL HEALTH AND WELL-BEING
FOR CHILDREN AND YOUTH

All children and youth shall have the following six inalienable rights regarding mental health and well-being:

CHARTER *of* RIGHTS

MENTAL HEALTH AND WELL-BEING
FOR CHILDREN AND YOUTH

The Right to Respect

To live and grow in a culture of care and respect, where an individual's emotions and mentalities are to be treated with dignity.

The Right to Acceptance

To not simply be tolerated but be accepted; to not face discrimination or be treated differently on the basis of gender, race, ethnicity, aboriginal identity, sexual orientation, social class, disability, language, faith/religion, body image or on any other physical, social, mental, emotional, or cultural representation.

CHARTER *of* RIGHTS

MENTAL HEALTH AND WELL-BEING
FOR CHILDREN AND YOUTH

The Right to Support

To be able to approach individuals within school and the community who are knowledgeable and compassionate in dealing with mental health concerns, and who are representative of the cultural diversity of the children and youth that they serve.

CHARTER *of* RIGHTS

MENTAL HEALTH AND WELL-BEING
FOR CHILDREN AND YOUTH

The Right to Service

To receive equitable and timely access to mental health supports and services, in an individual's preferred language and be made aware of such support and resources regardless of where they live.

The Right to Success

To be supported in achievement, and thrive in a fun and engaging environment that emphasizes learning and living at one's own pace; to be fairly assessed in schools; to be understood and accommodated.

The Right to Protection

**To be safe from harm, bullying, or any form of harassment;
to be able to freely voice opinions and input without
reprimand.**

CHARTER *of* RIGHTS

MENTAL HEALTH AND WELL-BEING
FOR CHILDREN AND YOUTH

